



NEWSLETTER

Week 9, Term One, 2025

(03)433 1366

email: office@ardgowan.school.nz

Principal's Message

Kia ora koutou e te Whanau,

Sport is such a positive way to enhance the wellbeing of our tamariki. It develops fitness, teamwork, dedication, persistence, empathy and many other life skills.

An example of this came through on Tuesday at the local touch competition. A Facebook post was made on the Oamaru Community Noticeboard about an Ardgowan Touch team. The team showed some outstanding sportsmanship by helping an opposition player score a try. The "superhero" who scored the try just happened to be in a wheelchair. The action had such an impact that the post was made.

All those involved in the game and actions of the students should be commended. People may forget what you did and said, but they will never forget how you made them feel, and the actions of the kids from Ardgowan will have had a big impact on that child. Well done team!

Ka mihi nui,

Ryan Fraser

Principal



Well done to all our swimmers who competed in the zone swimming sports and North Otago swimming sports, we had some fantastic results and everyone gave it their best effort. We are very proud of you all!



Thriving Tamariki

Why the early years really matter



Let's explore what children really need to grow to their healthy potential. Informed by science, this workshop will get you reflecting on the important role adults play in the lives of children. You will leave with a clear understanding of what can make a difference for tamariki in the early years and beyond.

You will:

- Talk about why the early years of life are so important for our tamariki.
- Hear about how the bodies and brains of our tamariki grow and develop.
- Look at how experiences can affect wellbeing.
- Hear the science about why supportive adults really matter.

brainwave.org.nz

brainwave.org.nz

brainwave.org.nz

When: 5.30pm, Tuesday 6 May 2025

Where: Ardgowan School - Room 1

RSVP: RSVP to Kiri in the school office by Friday 2 May

Cost: Free

"I used to think that you need toys to learn but now know basic everyday items can be a learning experience."

— WORKFORCE PARTICIPANT

A couple of reminders for families around drop off and pick up times.
The Drop and Drive area is to be used for Drop and Drive only - NO PARKING.
The car park is for parking to drop off and pick up your child only - NO DROP AND DRIVE.
Please help to keep the children safe by using both areas for their intended purpose only as it creates frustration for other users when they are used inappropriately.
Please drive carefully when in and around our school.

UNIFORM PRICES

Polo top Size 6 - 16 \$32.50

Polo top Size S, M, L \$37.00

Polar Fleece Size 4 - 14 \$45.00

Polar Fleece Size S, M, L \$54.00

Sunhats \$23.00

Uniform is available to purchase at the office.



Our school event calendar for the year is on our website: ardgowan.school.nz/pages/calendar under the **News and Events Tab** at the top. It is regularly updated with as many dates as possible but please be aware some dates - especially those further on in the year, may change.

SCHEDULE OF LUNCHES TERM ONE 2025

MONDAY Hot Eaties in the pie warmer. (Kowhai, Manuka, Kauri).

Items to be securely wrapped in tin foil and named with a vivid. No Bowls as they take up too much room. Items can be taken to class on the morning and put in the class tray to be transferred to the pie warmer. Please have items defrosted.

TUESDAY - Sushi. Order at the school office by 9am each Tuesday. **Correct cash needed**, no change will be given.

WEDNESDAY - OWN LUNCH

THURSDAY Subway orders every week. Please have orders into the school office by Wednesday mornings. Order envelopes are available at the school office. Correct cash please.

FRIDAY Hot Eaties in the pie warmer. (Rimu, Pohutukawa).

Please ensure that your child has a drink bottle at all times of the year. Our school promotes healthy eating whenever possible, a piece of fruit each day, and choosing healthy snack options for your child's lunchbox is a great way to ensure they get the best out of their day. It also greatly helps to cut down on the amount of plastic packaging we have to send to the tip each week.

School Notices

Changed your address or phone number? Please let the office know.

Important Term 1 Dates for the Diary

School website calendar: ardgowan.school.nz/pages/calendar

3rd April - 4th April - Year 8 leadership conference - Camp Iona

7th April - 10th April - Year 7 / 8 camp - Queenstown.

- **Absentees.** Please inform the school via email, phone or Skool Loop if your child is going to be absent or late to school for any reason. Please expect a phone call or email from our school office if you have not contacted us - this is to ensure all children are safe and is a Ministry of Education requirement which all schools must follow.
- Please keep your child home if they are showing signs of sickness and let the office know.

School and Community Feedback Our Board of Trustees really values feedback from our school families and community. If you have any comments or feedback please feel free to email feedback@ardgowan.school.nz all communication is treated confidentially

BUS FAMILIES. If your child is getting off at a different stop in the afternoon to what they would normally, please give Pearsons a call or inform the school office so we can let the bus driver know. For safety reasons he is unable to drop children off at alternative stops unless prior parental permission is given

PLEASE DON'T PARK ON THE BERM! Our neighbours across the road have a lovely area of grass in front of their house, but vehicles parked there cause a considerable safety hazard to the residents and other road users. Tyre marks on their lawn are not appreciated. Your cooperation with this is greatly appreciated.



EXCELSIOR JUNIOR RUGBY



FREE SUBS
FREE MOUTH GUARD
REGISTER ON THE NEW RUGBY XPLOER APP
CONTACT VANESSA FOR ANY INQUIRIES
 Excelsiorjuniorrugby@gmail.com


OAMARU Athletic MARIST R.F.C.

Expressions of Interest
 North Otago Rugby are looking at Ripa Rugby for 7 & 8 year old Girls

This would be a Girls only grade as an alternative to tackle rugby
 Dependent on numbers across all clubs

Contact Mike 02041861980 If interested in playing in this grade at our club

Contact Mike for any Enquiries
 athleticmaristjab@gmail.com - 02041861980



PLAYERS WANTED

GET IN TOUCH WITH US ON OUR
 SOCIALS OR CONTACT ADAM ON
 0273350469 OR
 DUNEDINPFC@GMAIL.COM




DUNEDIN POWERCHAIR FOOTBALL CLUB

Bazaart

OAMARU Athletic MARIST R.F.C.

Registrations open now to Play Rugby in 2025!

Free Subs for New Players and Under 7s
 \$10 For existing Tackle Grade Players (\$20 Family)
 Free Socks, Shorts and Mouthguard for New kids Under 7



Contact Mike for any Enquiries
 athleticmaristjab@gmail.com - 02041861980

CREATE YOUR RUGBY XPLOER PROFILE NOW!

(https://myaccount.rugbyxploer.com.au)

Create and register your Rugby Xplorer Profile for the 2025 season
 For more info, speak to your Rugby Club admin.

RUGBY XPLOER

Step 1: Parent Creates Account
 Step 2: Register Tab, Link an Account (child)
 Step 3: Register Tab and Register player to 'Athletic - North Otago'




Baby Teeth Matter!

Look after baby teeth every day as they help with...

- learning to talk
- eating, biting and chewing food
- keeping space for adult teeth so they come up in the right place
- confidence to play and learn



Health New Zealand Te Whatu Ora Community Oral Health Service

Scan this code for more great tooth tips



2025 DATES

23RD FEB	9TH MARCH	23RD MARCH	6TH APRIL	13TH APRIL
	27TH APRIL	4TH MAY	18TH MAY	





YOU KNOW YOU WANT TO COME

ALL TRAINING SESSIONS ARE ON A SUNDAY AT TAIERI COLLEGE GYM
 FROM 10:30AM-12:30PM



Bazaart



45° Fibre

~ DEEP SOUTH FIBRE FESTIVAL

3rd & 4th May 2025
Gore Town & Country Club
2 Bury Street
Gore, NZ

Saturday

- traders
- displays
- have a go
- childrens craft corner
- food carts
- devonshire teas
- raffles
- fibre animals
- social spin & chat space

Sunday

- morning workshops
- afternoon workshops

See our website
for further details:

Celebrating all things fibre.

Facebook: 45fibre
Instagram: 45fibre
Email: 45fibre@gmail.com
Phone: 021 522 502



On Saturday the 3rd

10 am - 3 pm

**our popular kids' crafting corner
is back**

(and at no cost to your parents)

Have a go at
weaving, cross stitch,
pompoms, knitting,
crochet, felting

Workshops
make a butterfly
weave a wallhanging
needle felt a gnome

**Fibre Animals
to meet and pet**

(There will be crafting stuff
to keep the adults busy, too.)



ARE YOU A PARENT OR CAREGIVER OF A NEURODIVERGENT CHILD?

Able Minds Oamaru Peer Support Group is a safe place where parents and caregivers of neurodivergent children can share experience and gain support from one another.

Parents and caregivers of children /adolescents of any age are most welcome.



Every Friday fortnight 10am - 12pm 27 Coquet Street
February 7th & 21st
March 7th & 21st
April 4th
May 2nd, 16th & 30th
For further information contact:
Marne Phillips -
marne@able.org.nz Holly Baylis -
holly@able.org.nz or phone 021 353 325



**CUPPA &
TREATS
PROVIDED**



Awamoa Football Club 2025

Registrations are now open

**Please follow the link below to
register**

<https://www.sporty.co.nz/awamoafc>

**Any questions please email
awamoasoccer@hotmail.com**

Registrations close April 11th



**Travelling
overseas soon?**

**You must do a New Zealand
Traveller Declaration
when you come back**

[TravellerDeclaration.govt.nz](https://travellerdeclaration.govt.nz)

To Kōwhiriwhiri i Aotearoa
New Zealand Government

New Zealand
Traveller
Declaration

Whakapākeke
Tangata Māori ki
Aotearoa

Join us
for the
**APRIL
HOLIDAYS!**

BOOK NOW!

From **\$46**

youthtown.org.nz

Call 0800 004 566



**WINZ OSCAR
Subsidy Available!**

YOUTHTOWN
SINCE 1932

MONDAY 14 APRIL	TUESDAY 15 APRIL	WEDNESDAY 16 APRIL	THURSDAY 17 APRIL	FRIDAY 18 APRIL
● \$56 ● \$46	● \$76 ● \$66 ●	● \$56 ● \$46	● \$71 ● \$61 ●	
BUCKETS OF FUN Sports, crafts, challenges and science. Today's activities are buckets of fun!	POOLS & GARDENS! It's all about water - we're off to the pools and the water park at the gardens for the day!	NATURE DAY Get ready for a day of outdoor fun! From scavenger hunts to nature boat racing. Nature day is all about exploring and enjoying the great outdoors. Join us for an adventure in nature and make lasting memories!	YOUTHTOWN MASTER CHEF Put your aprons on, we've got a big day of cooking, baking and eating coming up!	GOOD FRIDAY Closed
MONDAY 21 APRIL	TUESDAY 22 APRIL	WEDNESDAY 23 APRIL	THURSDAY 24 APRIL	FRIDAY 25 APRIL
	● \$56 ● \$46	● \$56 ● \$46	● \$76 ● \$66 ●	
EASTER MONDAY Closed	SLIP & SLIME! Dive into a day of aishy, messy fun! Create colourful slime and enjoy some water-slide excitement for a slime-filled adventure in the sun!	EMERGENCY SERVICES DAY Gear up for a thrilling day with local heroes! Learn about their jobs and enjoy exciting activities that highlight life-saving work.	FRISBEE GOLF AND SWIMMING We are off to the Weston Domain to try some frisbee golf! Then, off we go to the pools to cool off!	ANZAC DAY Closed

● FULL DAY: 8:00AM - 5:30PM ● SHORT DAY: 8:00AM - 3:30PM ● TRIP DAY ● DELUXE DAY

PEMBROKE
Harlech Street.



TOCK.earth World Environment Day

REINVENT COMPETITION

Open Now until 31st May

Entries open to tamariki 3 to 10 year old

TOCK and the TOCK team really look forward to seeing how inventive children can be in making something useful out of things you normally throw away

Go to TOCK.earth
for full details on how to enter

www.tock.earth/reinvent25

Great Prizes to be won (Winners announced on 5th June)
2 categories (3-6yrs and 7-10 yrs)

TOCK.earth is a multi-award winning environmental education initiative aimed at young tamariki
Offering fun workshops, songs, videos, activities and competitions to inspire children to care for our precious planet
Currently delivering live online workshops to Waitaki District Schools thanks to support from Waitaki District Council Waste Minimisation Fund

Ardgowan School
Home and School



**GROCERY
GRAB**



KINDLY HOSTED BY



**NEW WORLD
WAITAKI**

\$5

PER TICKET

3 PRIZES TO BE DRAWN

1st Prize \$500 GROCERY GRAB

2nd Prize \$200 New World voucher

3rd Prize \$100 New World voucher

TICKETS WILL BE DRAWN ON THE 11TH OF APRIL

PRIZE FOR MOST NUMBER OF TICKETS SOLD AND SPOT

PRIZES TO BE WON!

TERMS AND CONDITIONS APPLY

OTAGO NUGGETS & CROSS OVER BALLERS CLINIC - APRIL SCHOOL HOLIDAYS

Venue: Edgar Centre, Portsmouth Drive, Dunedin

Dates: Tuesday 22 April, Wednesday 23 April, Thursday 24 April

Time: School Years 3-8 only: 12noon-3pm

Cost:

Clinic Cost \$50.00 per child per day or \$133.00 for all three sessions

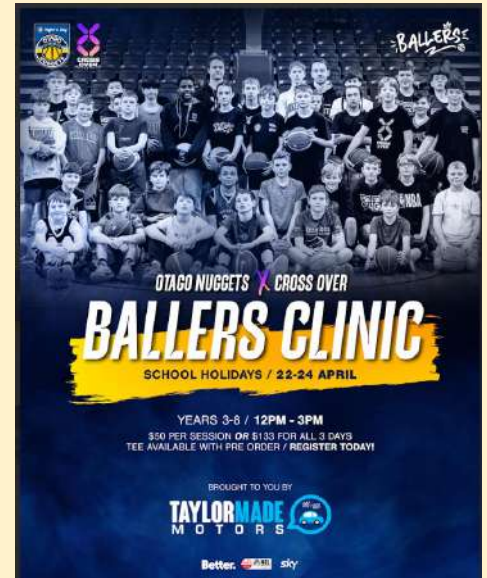
Optional T-shirt: \$35.00 (Pink or Carolina Blue)

Note: T-shirts must be pre-ordered on this the registration online form and no later than 14 April - there will be no t-shirts for sale at the clinics


We also wish to thank Taylormade Motors. for their support in partnering with us for our Ballers Clinics.

Register online:



<https://forms.gle/X68EYAPgmqRKCoEz7>



Contact email: kath@otagonuggets.com




WAITAKI BOYS' BASKETBALL ACADEMY HOLIDAY CAMP 2025







Who and When:
Years 3-6: April 22-23
Years 7-10: April 24-25

Time:
9am - 3pm




Venue:
Waitaki Boys' High School gymnasium



Cost:
\$40/1 day
\$70/2 days

To register:



Any queries:
Toby: 027 469 8214



PATHFINDERS GYMNASTICS CLUB PRESENTS...



QUIZ NIGHT

Come along for a fun night of quizzing, quick fire cash raffles PLUS the drawing of our Mothers day raffle

\$10 PER PERSON (4-6 PEOPLE PER TEAM)

MONDAY 12TH MAY 2025

SEATED BY 6:15PM. QUIZ STARTS AT 6:30PM

NORTHSTAR RESTAURANT & BAR



Please RSVP by Friday 9th of May by emailing pathfinders.funding@gmail.com